REAL
PEOPLE.

REAL
STORIES.

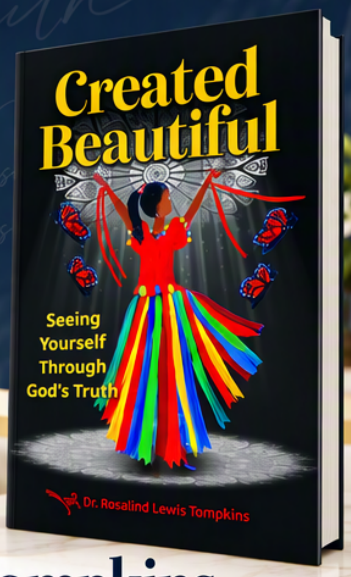
GOD'S
TRUTH.

A MORE
BEAUTIFUL
YOU.

AUTHOR MEDIA KIT

FAITH • PURPOSE • PEOPLE • IMPACT





Dr. Rosalind Y. Lewis Tompkins

Founder & President, Mothers In Crisis, Inc.

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AUTHOR OF

Created Beautiful: Seeing Yourself Through God's Truth

TRANSFORMING LIVES • ONE TRUTH AT A TIME®

AUTHOR MEDIA PROFILE



Dr. Rosalind Y. Lewis Tompkins
Hopeologist®, Author, Speaker, Minister, and Founder of Mothers In Crisis, Inc.

DR. ROSALIND Y. LEWIS TOMPKINS

For more than three decades, Dr. Rosalind Y. Lewis Tompkins has helped women and families navigate life's most difficult seasons with faith, resilience, and hope. An internationally recognized Hopeologist®, transformational speaker, author, minister, poet, and nonprofit leader, she has

dedicated her life to empowering individuals to move beyond adversity and embrace lives of purpose, healing, and possibility.

Drawing from her own powerful journey from addiction and brokenness to recovery and restoration, Dr. Tompkins has become a trusted voice on hope, identity, recovery, emotional healing, and spiritual transformation. Her work bridges personal testimony, practical wisdom, and biblical truth, offering audiences both inspiration and actionable pathways toward lasting change.

With more than 35 years of sobriety, Dr. Tompkins embodies the message she shares. Her story stands as a testament to the transformative power of faith, perseverance, and the belief that no life is beyond redemption. Through books, media appearances, retreats, community initiatives, and speaking engagements, she continues to encourage people to see beyond their circumstances and recognize the possibilities that still exist before them.

A Life Rooted in Hope

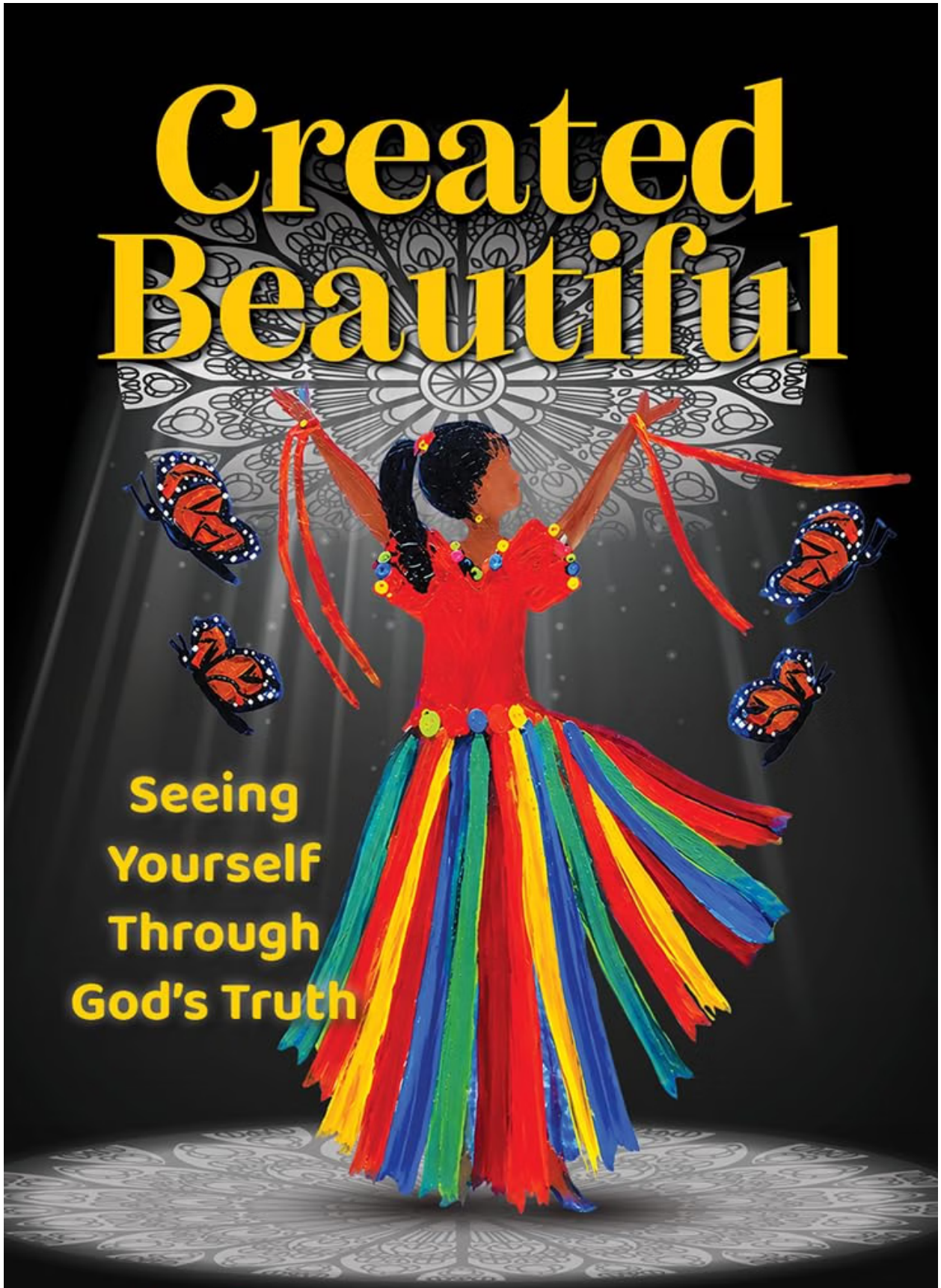
In April 1991, Dr. Tompkins founded Mothers In Crisis, Inc. in Tallahassee, Florida, an organization committed to serving women, children, and families facing challenges ranging from poverty and addiction to family instability and personal crisis. Over the past three decades, the organization has touched thousands of lives through advocacy, education, outreach, mentorship, and compassionate support.

Her leadership extends beyond nonprofit service. She is the founder of Turning Point International Church, founder of Hopeologist® Academy, creator of the Practice of Hopeology®, and visionary behind initiatives designed to cultivate hope as a lifestyle rather than merely an emotion. Through conferences, workshops, Hope Immersion Retreats, faith-based programming, and community campaigns, she has inspired audiences to think differently about resilience, purpose, and personal transformation.

In 2018, her efforts contributed to the establishment of National Month of Hope, now recognized internationally as a movement encouraging individuals and communities to embrace hope as a catalyst for positive change.

Dr. Tompkins holds a bachelor's degree in social work from Florida State University, master's and doctoral degrees in divinity from BC Graham Theological Seminary, and a doctorate in humanities from Five-Fold Ministry Theological University. Her academic background, combined with decades of lived experience and community leadership, gives her a uniquely credible perspective on healing, recovery, self-worth, and faith-based transformation.

Created Beautiful



Seeing Yourself Through God's Truth

Dr. Rosalind Lewis Tompkins

CREATED BEAUTIFUL: SEEING YOURSELF THROUGH GOD'S TRUTH

A powerful exploration of faith, identity, healing, and self-worth for women seeking to see themselves through God's truth rather than society's expectations.

Through personal testimony, biblical insight, poetry, reflection exercises, and practical Beauty Principles, Dr. Rosalind Y. Lewis Tompkins guides readers on a transformative journey toward healing, confidence, and spiritual renewal.

Ideal for:

- Women's Ministries
- Christian Book Clubs
- Faith-Based Conferences
- Recovery and Support Groups
- Personal Growth Readers
- Women's Leadership Programs

Available for Media Interviews, Podcasts, Book Clubs, Conferences, Retreats, and Speaking Engagements

Created Beautiful: Seeing Yourself Through God's Truth

In *Created Beautiful: Seeing Yourself Through God's Truth*, Dr. Tompkins tackles one of the most urgent issues facing women today: the struggle to recognize their value in a culture increasingly shaped by comparison, unrealistic standards, and external validation.

Written especially for women seeking healing, confidence, and spiritual renewal, *Created Beautiful* challenges readers to reject the lies that have distorted their self-image and embrace the truth of who God created them to be. Blending biblical teaching, personal testimony, poetry, reflection exercises, and practical Beauty Principles, the book offers a compassionate and empowering roadmap toward wholeness.

From chapters such as *Beautiful Wounds* to *Timeless Beauty*, Dr. Tompkins explores how identity, healing, purpose, faith, and self-worth intersect. Her message is both deeply personal and universally relevant: beauty is not determined by appearance, age, achievement, or public approval.

True beauty emerges from healing, character, faith, and the unique purpose God places within every individual.

Media and Speaking Topics

- Faith, Identity, and Self-Worth
- Healing from Shame, Rejection, and Comparison
- The Practice of Hopeology®
- Recovery, Redemption, and Second Chances
- Aging with Purpose and Confidence
- Women's Empowerment Through Faith
- Transforming Adversity into Purpose
- Building Resilience Through Hope
- Emotional Healing and Spiritual Wholeness
- Finding Beauty Beyond Society's Standards

AUTHOR BIO

Dr. Rosalind Y. Lewis Tompkins is an internationally recognized Hopeologist®, author, speaker, minister, poet, and transformational leader whose work has inspired individuals, families, faith communities, and organizations for more than three decades.

As Founder and President of Mothers In Crisis, Inc., a nonprofit organization serving women and families since 1991, Dr. Tompkins has dedicated her life to helping others overcome adversity, discover purpose, and build lives rooted in hope. Through advocacy, outreach, mentorship, education, and compassionate service, her leadership has impacted thousands of lives across generations.

Drawing from her own remarkable journey from addiction and brokenness to healing and restoration, Dr. Tompkins has become a sought-after voice on faith, resilience, recovery, identity, and emotional healing. Her message resonates with audiences because it is grounded not only in professional expertise and ministry experience, but in personal transformation.

In addition to leading Mothers In Crisis, Inc., Dr. Tompkins is the founder of Hopeologist® Academy, creator of the Practice of Hopeology®, founder of Turning Point International Church, and visionary behind the National and International Month of Hope initiatives.

A graduate of Florida State University, she holds degrees in social work, divinity, and humanities. Through books, media appearances, retreats, speaking engagements, leadership development, and ministry, she continues to advance her mission of helping others recognize that their circumstances do not define their future.

Her message is both timeless and urgent:

"As long as there is breath in your body, there is hope."

CREATED BEAUTIFUL: SEEING YOURSELF THROUGH GOD'S TRUTH

Book Overview

What happens when a woman begins seeing herself through God's truth rather than the wounds, opinions, expectations, and labels that have shaped her life?

In *Created Beautiful: Seeing Yourself Through God's Truth*, Dr. Rosalind Y. Lewis Tompkins invites readers on a transformative journey toward healing, identity, and self-worth. Addressing the challenges of comparison, insecurity, rejection, shame, aging, and emotional pain, she offers a faith-centered roadmap for women seeking to rediscover the beauty and value God placed within them.

Blending biblical insight, personal testimony, poetry, practical application, and heartfelt encouragement, Dr. Tompkins helps readers move beyond external definitions of beauty and embrace a deeper understanding of who they are. Through chapters including *Beautiful Wounds*, *Beautiful Voice*, *Beautiful Mind*, and *Timeless Beauty*, she demonstrates that true beauty is not measured by appearance but revealed through healing, character, faith, purpose, and personal growth.

Each chapter includes reflective exercises, affirmations, and practical Beauty Principles designed to help readers challenge limiting beliefs, strengthen self-worth, and apply God's truth to everyday life.

Created Beautiful is more than a book about beauty. It is an invitation to healing, wholeness, and spiritual renewal. It reminds readers that their scars do not diminish their value, their past does not determine their future, and their worth has already been established by the God who created them.

WHY NOW?

The conversation surrounding beauty, identity, self-worth, and emotional wellness has never been more urgent.

Women of every age are navigating unprecedented levels of comparison, unrealistic expectations, filtered perfection, and constant evaluation through digital platforms and social media. As conversations surrounding mental health, confidence, aging, body image, and personal identity continue to expand, many women are searching for resources that offer more than temporary encouragement. They are seeking lasting transformation.

Created Beautiful arrives at a pivotal cultural moment.

Dr. Rosalind Y. Lewis Tompkins brings a perspective uniquely positioned at the intersection of faith, recovery, emotional healing, personal development, and women's empowerment. Drawing upon decades of ministry, nonprofit leadership, and lived experience, she addresses the deeper issues beneath insecurity and comparison: the longing to understand one's value, purpose, and identity.

The book offers timely insight into some of today's most relevant conversations, including social media's influence on self-image, healing from rejection and shame, aging with confidence, emotional resilience, faith-based identity, and overcoming the pressure to measure one's worth against external standards.

At its core, *Created Beautiful* reminds readers that true confidence is not built through perfection, popularity, appearance, or achievement. It is built through understanding who they are and whose they are.

PRESS RELEASE

Created Beautiful Challenges Women to See Themselves Through God's Truth Rather Than Society's Standards

Hopeologist®, author, minister, and nonprofit leader Dr. Rosalind Y. Lewis Tompkins releases a powerful new book exploring beauty, identity, healing, and self-worth through a faith-centered lens.

TALLAHASSEE, FL — At a time when social media, comparison culture, unrealistic beauty standards, and growing struggles with self-worth continue to affect women of all ages, internationally recognized Hopeologist® Dr. Rosalind Y. Lewis Tompkins offers a timely and transformative response in her newest book, *Created Beautiful: Seeing Yourself Through God's Truth*.

Part personal testimony, part spiritual guide, and part practical resource, *Created Beautiful* invites readers to move beyond the cultural messages that often shape identity and embrace a deeper understanding of who they are through God's truth. Drawing upon her own journey from addiction and brokenness to healing and restoration, Dr. Tompkins provides readers with encouragement, biblical wisdom, reflection exercises, affirmations, and practical tools designed to help women reclaim their confidence and rediscover their worth.

"For far too many women, self-worth has become attached to appearance, achievement, approval, or comparison," says Dr. Tompkins. "Created Beautiful reminds readers that true beauty begins with understanding who God says we are. Our value is not determined by our mistakes, our wounds, our age, or the opinions of others."

Throughout the book, Dr. Tompkins explores topics including emotional healing, rejection, body image, aging, identity, confidence, forgiveness, purpose, and spiritual growth. Through chapters such as *Beautiful Wounds*, *Beautiful Voice*, *Beautiful Mind*, and *Timeless Beauty*, readers are challenged to replace limiting beliefs with truth, embrace healing, and recognize the beauty that exists beyond external appearance.

A respected nonprofit leader, minister, author, speaker, and founder of Mothers In Crisis, Inc., Dr. Tompkins has spent more than thirty years helping women and families overcome adversity and build lives rooted in hope. Her work has touched thousands through advocacy, ministry, education, leadership development, and community outreach.

Created Beautiful arrives during a national conversation surrounding self-worth, mental wellness, identity, and the impact of social media on confidence and body image. Dr. Tompkins offers a voice grounded in faith, experience, compassion, and practical wisdom, helping readers move beyond comparison and toward lasting transformation.

About the Author

Dr. Rosalind Y. Lewis Tompkins is an internationally recognized Hopeologist®, author, keynote speaker, minister, poet, and nonprofit leader. As Founder and President of Mothers In Crisis, Inc., she has dedicated more than three decades to helping women and families overcome adversity through faith, hope, and personal transformation. She is also the founder of Hopeologist® Academy, creator of the Practice of Hopeology®, and a leading advocate for building resilient individuals, families, and communities through hope-centered living.

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AUTHOR QUESTIONS & ANSWERS

What inspired you to write *Created Beautiful*, and when did you first feel called to help women see themselves through God's truth?

The seeds of *Created Beautiful* were planted years ago when my daughter was a teenager navigating questions of beauty, confidence, and self-worth. Later, as I watched my granddaughters encounter many of the same pressures, I realized that despite cultural progress, generations of women were still struggling with the same fundamental question: "Am I enough?"

At the same time, my work in ministry and community service allowed me to witness countless women battling insecurity, comparison, shame, and a distorted view of their worth. Whether they were young women finding their place in the world or older women navigating life transitions, the underlying struggle was often the same.

I felt called to write *Created Beautiful* because I wanted women to understand that their identity is not determined by culture, trends, appearance, age, or the opinions of others. Their value was established by God long before anyone else's voice entered the conversation.

This book is my invitation for women to see themselves through God's truth and discover the beauty that has always been there.

Was there a particular experience in your life when you realized you needed to stop seeing yourself through the eyes of others and begin seeing yourself through God's eyes?

Absolutely.

As a child, I struggled with feelings of insecurity because of physical characteristics that made me feel different from my peers. Hurtful comments and criticism shaped the way I saw myself for years. Those experiences planted seeds of shame that followed me well into adulthood.

The deeper transformation occurred during my recovery from addiction. God did more than deliver me from destructive behaviors. He transformed how I viewed myself. For the first time, I began to understand that my identity was not rooted in my past, my mistakes, my wounds, or the labels placed upon me by others.

I discovered that healing begins when we stop allowing people, circumstances, and past experiences to define us. Freedom comes when we see ourselves through the lens of God's grace, purpose, and truth.

That personal journey became the foundation for *Created Beautiful*.

You write about the “trap of comparison.” Why do you believe comparison has become such a destructive force for women today?

Comparison is one of the quickest ways to disconnect from your God-given identity.

Today, women are exposed to a constant stream of curated images, filtered realities, and unrealistic expectations. Social media often encourages people to compare their appearance, success,

lifestyle, relationships, and achievements against carefully constructed versions of someone else's life.

The problem is that comparison shifts our focus away from purpose and directs it toward competition.

When we are constantly measuring ourselves against others, we lose sight of the unique gifts, beauty, and calling God has placed within us. We begin evaluating our worth through external standards rather than truth.

I believe the answer is not to become the best version of someone else. The answer is to fully embrace who God created you to be.

When women understand their identity, comparison loses much of its power.

One of the most powerful messages in the book is that beauty extends beyond appearance. Why was that important for you to address?

Because some of the most beautiful things about a person can never be seen in a mirror.

Beauty is often reduced to physical appearance, but true beauty reveals itself through character, resilience, compassion, wisdom, faith, kindness, courage, integrity, and love.

Many of the qualities I value most in people were developed through life's challenges. Healing, perseverance, forgiveness, faith, and personal growth have shaped who we become in ways that far surpass external appearance.

In *Created Beautiful*, I wanted women to recognize that beauty exists in their minds, hearts, voices, experiences, and purpose. Physical beauty changes throughout life, but the beauty that comes from healing and becoming who God created you to be can continue to deepen with every season.

Your chapter "Timeless Beauty" speaks directly to women navigating aging. What have you personally learned about aging with confidence and grace?

One of the greatest lessons I have learned is that beauty does not have an expiration date.

Our culture often celebrates youth while overlooking the wisdom, strength, maturity, and confidence that develop over time. Yet many of the qualities that make a person truly beautiful are refined through experience.

Every season of my life has shaped me. Recovery taught me resilience. Ministry taught me compassion. Motherhood taught me sacrifice. Life taught me perseverance.

Today, I appreciate not only who I was but who I have become.

Aging beautifully is not about resisting change. It is about embracing each season with gratitude, confidence, and the understanding that our value remains constant regardless of age.

The woman I was years ago was beautiful.

The woman I am today is beautiful.

And by God's grace, I am still becoming.

The book focuses heavily on healing. Why do you believe healing is essential to understanding our worth?

Because wounds have a way of influencing how we see ourselves.

Many women carry invisible burdens created by rejection, criticism, disappointment, trauma, abandonment, loss, or failure. Over time, those experiences can shape identity in unhealthy ways.

When a wound remains unhealed, it often becomes a lens through which we interpret ourselves and the world around us.

Healing allows us to separate our experiences from our identity.

We are not our mistakes.

We are not our heartbreaks.

We are not our disappointments.

We are not the worst thing that has happened to us.

Healing creates space for us to recognize who we are apart from our wounds and to embrace the truth of our value, purpose, and potential.

What do you hope readers experience after finishing *Created Beautiful*?

More than anything, I hope readers walk away with a renewed understanding of who they are.

I hope they release the burden of comparison.

I hope they stop measuring themselves against unrealistic standards.

I hope they begin speaking to themselves with more grace and compassion.

I hope they recognize the beauty that has always existed within them.

Most importantly, I hope they understand that they are deeply loved, intentionally created, and inherently valuable.

My prayer is that every reader closes the final chapter believing this truth:

Their past does not define them.

Their wounds do not diminish them.

Their age does not limit them.

And their worth was never up for negotiation.

They were created beautiful.

SPEAKING TOPICS & INTERVIEW ANGLES

God-Given Beauty and Identity

In a culture that constantly encourages comparison and self-criticism, how can women develop confidence rooted in something deeper than appearance, achievement, or public approval? Dr. Tompkins explores how faith-based identity can help women cultivate lasting self-worth while breaking free from society's ever-changing standards of beauty and success.

Audience Takeaway:

Participants will learn practical strategies for building confidence, strengthening self-worth, and viewing themselves through a healthier and more empowering lens.

Social Media, Filters, and the Comparison Trap

From curated lifestyles to filtered perfection, today's digital environment often leaves women feeling inadequate, unseen, or not enough. Dr. Tompkins explores the emotional and spiritual consequences of comparison culture while providing practical tools to help women reclaim their confidence and protect their mental and emotional wellbeing.

Audience Takeaway:

How to navigate social media without allowing it to shape personal identity or self-worth.

From Addiction to Redemption

Drawing from her own remarkable journey of recovery, Dr. Tompkins shares a compelling story of transformation, resilience, faith, and hope. This presentation explores how adversity can become a catalyst for purpose and how individuals can move beyond their past without being defined by it.

Audience Takeaway:

A powerful message that no mistake, setback, or life circumstance is greater than the possibility of transformation.

Healing from Shame, Rejection, and Comparison

Many women carry wounds that silently influence how they see themselves for years or even decades. Dr. Tompkins discusses how rejection, criticism, disappointment, and comparison affect self-image and offers practical, faith-centered strategies for emotional healing and personal growth.

Audience Takeaway:

Tools for releasing shame, embracing healing, and building healthier thought patterns.

Aging with Purpose and Confidence

How do women continue to thrive in a culture that often celebrates youth while overlooking wisdom, experience, and personal growth?

Dr. Tompkins provides a refreshing conversation about aging, confidence, identity, and embracing every season of life with purpose and gratitude.

Audience Takeaway:

A renewed perspective on aging as a season of growth, influence, beauty, and opportunity.

Beauty and Whole-Person Healing

True beauty extends beyond appearance. This conversation explores the connection between emotional health, spiritual wellbeing, personal identity, purpose, mindset, and confidence.

Drawing from themes in *Created Beautiful*, Dr. Tompkins challenges audiences to redefine beauty and recognize the value that already exists within them.

Audience Takeaway:

A holistic understanding of beauty that integrates faith, healing, character, and purpose.

Beautiful Wounds: Discovering Purpose After Pain

Can our greatest challenges become the foundation of our greatest impact?

Through personal testimony and practical wisdom, Dr. Tompkins explores how healing can transform painful experiences into sources of strength, compassion, leadership, and purpose.

Audience Takeaway:

How to move from surviving adversity to using it as a catalyst for growth and service.

Reclaiming Your Voice

Too many women spend years minimizing themselves, silencing their opinions, or questioning the value of their experiences. This empowering presentation examines how women can develop confidence, communicate with conviction, and use their voices to influence the world around them.

Audience Takeaway:

Practical steps for building confidence, speaking authentically, and living with greater purpose.

Raising a Generation That Knows Its Worth

Parents, educators, faith leaders, and mentors play a powerful role in shaping how young people see themselves. Dr. Tompkins offers practical guidance for helping children and young adults develop confidence, resilience, emotional intelligence, and healthy self-worth in a culture driven by comparison.

Audience Takeaway:

Tools for reinforcing positive identity and confidence in the next generation.

Faith, Healing, and Everyday Transformation

What does lasting transformation actually look like?

This conversation explores how small daily decisions, faith-based principles, and intentional personal growth create meaningful and sustainable change over time.

Audience Takeaway:

Practical habits for building resilience, healing emotional wounds, and creating lasting personal transformation.

MEDIA-FRIENDLY TOPICS

- Women's Self-Worth in the Age of Social Media
- Why Comparison Is Stealing Women's Confidence
- Redefining Beauty Beyond Appearance
- Healing from Rejection and Shame
- Recovery, Redemption, and Second Chances
- The Mental Health Impact of Comparison Culture
- Aging with Confidence and Purpose
- Building Resilience Through Faith
- Finding Hope Through Adversity
- Helping Women See Themselves Through God's Truth

CAREER HIGHLIGHTS & AREAS OF EXPERTISE

CAREER HIGHLIGHTS

Founder and President, Mothers In Crisis, Inc.

Since 1991, Dr. Rosalind Y. Lewis Tompkins has led Mothers In Crisis, Inc., a nonprofit organization dedicated to strengthening individuals, families, and communities through advocacy, education, outreach, support services, and hope-centered programming. Under her leadership, the organization has become a respected resource for women and families navigating adversity, crisis, and life transition.

Founder of Hopeologist® Academy

Recognizing the need for practical tools that empower individuals to live with intention and resilience, Dr. Tompkins established Hopeologist® Academy as a platform for personal growth, leadership development, emotional wellness, and transformational learning. Through educational programs, coaching, training initiatives, and community engagement, the Academy helps individuals cultivate hope as a sustainable practice rather than a temporary feeling.

Creator of the Practice of Hopeology®

Dr. Tompkins developed the Practice of Hopeology® as a framework for helping people build resilient mindsets, overcome adversity, and embrace personal transformation. The model encourages individuals to intentionally cultivate hope through thought patterns, language, actions, relationships, and faith-based principles that support long-term growth and wellbeing.

Visionary Behind National and International Month of Hope

As a leading advocate for hope-centered leadership and community transformation, Dr. Tompkins played a key role in advancing initiatives that helped establish National Month of Hope, later recognized internationally. The movement continues to encourage individuals, organizations, and communities to embrace hope as a catalyst for positive change.

Author, Speaker, and Thought Leader

For more than two decades, Dr. Tompkins has used writing and speaking as platforms to address issues including recovery, faith, women's empowerment, emotional healing, resilience, identity, purpose, and personal transformation. Through conferences, workshops, media appearances, retreats, churches, nonprofit organizations, and leadership events, she continues to inspire audiences with a message rooted in faith, possibility, and practical action.

Recovery and Transformation Advocate

Drawing from her personal journey from addiction to long-term recovery, Dr. Tompkins has become a powerful voice for individuals seeking healing and restoration. Her testimony serves as a living example of the transformative power of faith, perseverance, accountability, and hope.

AREAS OF EXPERTISE

Faith-Based Personal Transformation

Helping individuals move beyond limiting beliefs, past failures, and difficult life circumstances to embrace healing, purpose, and personal growth.

Hope and Resilience Building

Teaching practical strategies that help individuals develop emotional resilience, overcome adversity, navigate uncertainty, and maintain hope during life's most challenging seasons.

Recovery, Redemption, and Second Chances

Sharing lived experience and professional insight into addiction recovery, restoration, healing, and rebuilding life after personal setbacks.

Women's Identity and Self-Worth

Addressing the challenges women face surrounding confidence, self-image, comparison, purpose, and identity while empowering them to embrace their God-given value.

Emotional Healing and Recovery

Exploring the impact of shame, rejection, criticism, loss, trauma, and disappointment while providing practical pathways toward healing and wholeness.

Leadership Through Service

Drawing upon more than three decades of nonprofit leadership experience to help organizations, faith communities, and emerging leaders create meaningful impact.

Aging with Confidence and Purpose

Encouraging women to embrace each season of life with confidence, gratitude, wisdom, and renewed purpose rather than fear or limitation.

Nonprofit Leadership and Community Impact

Providing insight into sustainable nonprofit leadership, community engagement, organizational growth, advocacy, and mission-driven service.

Faith, Wellness, and Whole-Person Growth

Integrating faith, emotional wellbeing, personal development, and spiritual growth to help individuals pursue more balanced and purpose-driven lives.

Transforming Adversity into Purpose

Helping audiences recognize how difficult experiences, setbacks, and challenges can become catalysts for personal growth, leadership development, and meaningful impact.

WHY MEDIA OUTLETS BOOK DR. TOMPKINS

Dr. Tompkins brings a rare combination of lived experience, professional credibility, spiritual leadership, nonprofit impact, and personal authenticity. Her ability to connect faith, healing, recovery, resilience, identity, and hope makes her a compelling guest for television programs, radio interviews, podcasts, conferences, leadership events, women's programs, ministry gatherings, and community initiatives.

She offers audiences more than inspiration. She provides practical wisdom, actionable strategies, and a message that resonates across generations, backgrounds, and life experiences.

MEDIA & BOOKING INFORMATION

DR. ROSALIND Y. LEWIS TOMPKINS

Hopeologist® | Author | Speaker | Minister | Nonprofit Leader

For more than three decades, Dr. Rosalind Y. Lewis Tompkins has inspired audiences to transform adversity into purpose through faith, resilience, and hope. As a nationally recognized speaker, author, minister, and community leader, she brings a unique combination of lived experience, professional expertise, and spiritual insight to every interview, event, and conversation.

Drawing from her personal journey of recovery and restoration, along with decades of nonprofit leadership and ministry service, Dr. Tompkins delivers messages that are inspirational, practical, and deeply transformative. Her presentations resonate with audiences seeking hope, healing, emotional wellness, spiritual growth, and personal empowerment.

AVAILABLE FOR

Television Interviews

National, regional, and local television appearances focused on faith, women's empowerment, identity, emotional wellness, personal transformation, recovery, resilience, and hope.

Radio Interviews

Live and prerecorded radio appearances discussing faith, healing, self-worth, recovery, nonprofit leadership, and overcoming adversity.

Podcast Interviews

Guest conversations ranging from leadership and ministry to personal development, recovery, women's issues, purpose, resilience, and emotional wellbeing.

Keynote Presentations

Conference keynotes, women's conferences, leadership summits, ministry events, nonprofit gatherings, and community organizations.

Church & Faith-Based Events

Women's ministry events, retreats, conferences, leadership development programs, revival services, and faith-centered community initiatives.

Workshops & Training Programs

Interactive workshops focused on hope, leadership, personal transformation, resilience, identity, confidence, and emotional healing.

FEATURED TOPICS

- Created Beautiful: Seeing Yourself Through God's Truth
- The Practice of Hopeology®
- Faith, Healing, and Personal Transformation
- Recovery, Redemption, and Second Chances
- Women's Identity and Self-Worth
- Building Resilience in Challenging Times
- Healing from Rejection and Shame
- Transforming Adversity into Purpose
- Aging with Confidence and Grace
- Hope as a Daily Practice

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LinkedIn
linkedin.com/in/rosalindytompkins

YouTube
youtube.com/@HopeologistRosalind

SIGNATURE MESSAGE

"No matter what you have experienced, you are not defined by your wounds, your mistakes, your past, or your circumstances. Through faith, healing, and hope, transformation is possible. As long as there is breath in your body, there is hope."

SHORT BOOKING INTRODUCTION

Dr. Rosalind Y. Lewis Tompkins is an internationally recognized Hopeologist®, author, speaker, minister, and nonprofit leader whose message of hope, healing, and transformation has impacted individuals, families, and communities for more than thirty years. Through her books, speaking engagements, media appearances, and community leadership, she empowers people to move beyond adversity, embrace their God-given identity, and live with renewed purpose, resilience, and confidence.

50-WORD BIO

Dr. Rosalind Y. Lewis Tompkins is an internationally recognized Hopeologist®, author, speaker, minister, and Founder of Mothers In Crisis, Inc. For more than three decades, she has helped women and families overcome adversity through faith, hope, and personal transformation. Her latest book is *Created Beautiful: Seeing Yourself Through God's Truth*.

100-WORD BIO

Dr. Rosalind Y. Lewis Tompkins is an internationally recognized Hopeologist®, author, speaker, minister, and nonprofit leader dedicated to helping people transform adversity into purpose. As Founder and President of Mothers In Crisis, Inc., she has served women and families for more than three decades through advocacy, outreach, education, and hope-centered leadership.

Drawing from her own journey of recovery and restoration, Dr. Tompkins inspires audiences to embrace healing, resilience, and faith. She is the founder of Hopeologist® Academy and creator of the Practice of Hopeology®. Her latest book, *Created Beautiful: Seeing Yourself Through God's Truth*, empowers women to recognize their God-given worth, identity, and beauty.

PRAISE FOR *CREATED BEAUTIFUL*

> "Created Beautiful is a powerful, uplifting guide to discovering your identity through God's eyes. With grace, wisdom, biblical truth, and heartfelt poetry, Dr. Tompkins leads readers toward healing, freedom, wholeness, and a deeper understanding of their God-given beauty and worth."
>
> **— Dr. Cynthia Kimble, MD**